

Product Datasheet

Item No.: 70419



PRODUCT NAME

CEE construction site retractable spiral cords, H07BQ-F 5G2,5 1 m up to 5 m



Reference image



- IP44: protected against foreign bodies and splash-proof
- Retractable spiral cord with high-quality CEE plug and CEE connector with flap lid
- Latest generation “Made in Germany” plugs and connectors
- Basic length approx. 1 m, flexibly elastic up to 5 m, retracts again automatically
- Remains highly flexibly even with continual use
- 400 V, 5-pole, 6 h

Technical data

EAN	4011160704192
Weight [kg]	3
Dimensions	19x8x31 cm
Main color	orange
Category	CEE 400 V product range
Subcategory	CEE extensions
Cable type	H07BQ-F
Cross section [mm²]	5G2,5
Cable color	orange
Cable length [m]	5
Rated voltage [V]	400
Rated current [A]	16
Maximum power	11 kW
IP protection	IP44
Input	CEE plug 400 V, 16 A, 5-pole with 5 m H07BQ-F 5G2,5
Output	1x CEE socket 400 V, 16 A, 5-pole
Total number of sockets	1
Number of CEE 400 V 16 A sockets	1
Number of cores	5

Your partner for professional lighting and electrical products.



as – Schwabe GmbH Merkurstraße 10 D – 72184 Eutingen Tel. +49 7457 9 48 53 0 office@as-schwabe.de www.as-schwabe.com

Created 21.10.2025. All proprietary rights and the right to make technical changes are reserved. Reproduction is permitted only with the prior consent of as – Schwabe GmbH.